

**PITTSBURGH HEALTH CORPS**  
**Greater Pittsburgh Community Food Bank**  
**Nutrition Assistant**

***Member Service Description***

***I. Site Information***

Site Name and Location:

Greater Pittsburgh Community Food Bank  
1 North Linden Street  
Pittsburgh, PA 15110

Organization Description and Mission:

Our mission is to feed the hungry in southwestern Pennsylvania through a network of partners and to mobilize our region to end hunger.

Critical Community Need(s) to be addressed through member service:

**Work with programs (Farm Stand Project, Choose Healthy Options Program, Kids COOK afterschool program) that empower people and children in need to meet their own nutritional needs.**

Site Supervisor assigned to support member: Name/Title/Phone/Fax/Email:

**Matthew Bolton**  
**Nutrition Supervisor**  
**Phone (412) 412-460-3663 ext. 253**  
**Fax (412) 460-0418**

***II. Service Description*** (Remember, a member cannot duplicate services provided by a current employee or that an employee has provided within the past 6 months)

Service Activities/Responsibilities: (be sure to include numbers, amounts, and time lines)

**Assist the Nutrition & Marketing Supervisor provide more nutrition programming to agency sites in the form of pantry demos and afterschool programs.**

One afterschool program (KCOOK) once a month (8 total) October-May 2008

- Conduct Kids Cook afterschool programs at member agency sites.

Conduct food demonstration six times a month (54 total) October – June 2008

- Schedule, prepare and present pantry and farm stand food demonstrations at member agency sites.

Support food bank nutrition education activities October – July 2008

- Assist with the Choose Healthy Options Program (CHOP)
- Research and prepare articles and recipes for the Cooking and Nutrition newsletter, CSFP and Produce to People materials.
- Work with Breakfast-911 to provide breakfast foods to Duquesne elementary school and provide breakfast nutrition education materials to children and parents.

**Assist the Speakers Bureau Director to raise awareness in the community to the issues of hunger and poverty.**

- Create new materials for children's programming
- Traveling to communities to tell the food bank's story to adult audiences as well as children
- Assist with mailing to new contacts, businesses, schools, churches, etc.
- Create healthy snack recipes for children's programming

Overall Service Goals: (be sure to include numbers, amounts, and time lines)

- Become familiar with FB sources of food and inventory: Donated State Food Purchase Program (SFPP), Commodity Supplemental Food Program (CSFP), The Emergency Food Assistance Program (TEFAP, USDA, government commodities), Whole Sale Buying Program.
- Be able to access FB nutrition education resources and credible internet sites to support education and recipe development.
- Shadow nutrition staff and learn how to schedule, prepare, and present nutrition education programs and demos.
- Be able to develop recipes and nutrition education materials.

Outcome Measures: (be sure to qualify what measurable impact the member will have through service at Partner Site)

- To become aware of the problem of hunger and food insecurity throughout Allegheny County by working with others to improve the amount of nutritious food available to food pantry clients.
- Help empower people in need to meet their own nutritional needs, while communicating the nature of and solutions to hunger.

**III. Performance Measures:** The PHC AmeriCorps program is based on National Health Corps Performance Measures. Each PHC member should provide services that fall in at least one of the NHC Performance Measures below:

**1. Access to Care**

*Does your service position include assessing eligibility for, completing paperwork for, and enrolling community members in adult/child health insurance and/or patient medication assistance programs?(please check one)  YES  NO*

*If "yes", please provide site specifics and explain the details regarding how the member will provide service with these programs:*

## **2. Individual & Group Health Education Instruction**

*Does your service position include any of the following:*

*Teaching health education classes, workshops, one on one sessions, leading clubs or organized activities on public health topics including home/public safety, violence prevention, smoking cessation, nutrition and exercise, asthma, diabetes, hypertension, HIV/AIDS, hepatitis and other public health topics that meet local community needs. (please check one) X YES     NO*

*If “yes”, please provide site specifics and explain the details regarding how the member will provide health education:*

- Conduct Kids Cook afterschool programs at food bank member agency sites.
- Prepare pantry demonstrations at member agency sites.

## **3. Health Screening, Testing & Immunization**

*Does your service position include the member organizing, coordinating, promoting and/or participating in health screenings, testing and immunization campaigns for HIV/STDs and other communicable diseases, BMI, blood pressure and other issues that respond to local needs? (please check one)  YES X NO*

*If “yes”, please provide site specifics and explain the details regarding how the member will provide service relating to health screenings, testing, and immunization:*

## **4. Health Information & Outreach Material Distribution**

*Does your service position include the member distributing health education and outreach materials to individuals in underserved populations?*

*(please check one) X YES     NO*

*If “yes”, please provide site specifics and explain the details regarding the information that will be distributed and how it relates to the services provided by the site as a whole:*

- Research and prepare articles and recipes for the Cooking and Nutrition newsletter, CSFP and Produce to People materials.
- Participate at Health/Senior/Children’s fairs
- Work with Breakfast 911 to provide breakfast foods to Duquesne elementary school and provide breakfast nutrition education materials to children and parents.

## **5. Promotion of Health Professions**

*Does your service description include giving the member the opportunity to be trained on health professions, health care settings, health care education opportunities, the healthcare needs of the underserved, health disparities, cultural competency, and various health related topics such as tobacco, asthma, hypertension, nutrition and HIV/AIDS? (please check one) X YES     NO*

*If “yes”, please provide site specifics and explain the details regarding how the member will be trained, gain experience in the health related topics mentioned:*

The member will have a clear understanding of health disparities, cultural competency and the health needs of the underserved relating to improper nutrition. They will be familiar with services (beyond free food from the Food Bank) and will meet with the staff that provide/refer to these benefits.

## **IV. Logistical Information**

***Expected Schedule for Providing Service at Site:***

***Orientation Plan:*** Orientation will begin upon start date of AmeriCorps member with separate orientations with every department.

***Service Location(s) if different from site address:***

***Additional Info (parking, transportation, ID, etc.):*** Food bank parking lot.

***Member Qualifications:*** Bachelor's degree from four-year College or university; or Associates degree in Nutrition.